The BHA will be closed on the following dates:
Monday, July 4th for Independence Day
Monday, September 5th for Labor Day

BHA Hours:
Mon. 8:00 am to 4:00 pm
Tues. 8:00 am to 4:00 pm
Wed. 8:00 am to 12:00 pm
Thurs. 8:00 am to 4:00 pm
Fri. 8:00 am to

Summer has arrived!

School is out! We hope you and your family are enjoying your summer! This issue of HOP into FSS is packed with information to help you and your family have a safe and fun summer.

As much fun as summer is don’t forget the first day back to school for MCCSC students is Wednesday, August 10, 2016. For students attending RBBSC the first day of school is Thursday, August 4, 2016

Ivy Tech and IU begins on Monday, August 22, 2016

Have a happy summer!

Back to School Resources

On Saturday, July 30th, from 10 a.m. to 2 p.m., Redeemer Community Church (600 W 6th Street) will be transformed into a one-day medical clinic. We hope to provide 100 uninsured families with the resources they need as their children head back to school. We will offer basic wellness checks, haircuts, school supplies, and non-perishable food items to the families attending the clinic. There will be booths set up in the gym hosted by various community organizations/non-profits to assist individuals in connecting to existing resources and programs.
Since 1963, Cook Group companies have been among the leaders in developing healthcare devices that have improved lives around the world. COOK remains at the forefront of medical research and worldwide sales of products for endovascular therapy, critical care medicine, general surgery, diagnostic and interventional procedures, bioengineered tissue replacement and regeneration, gastroenterology and endoscopy procedures, urology, and obstetrics and gynecology. COOK is a global company with a global focus - and a global future.

Description

If you are a current or future employee at Cook, you can earn your Indiana High School Equivalency Diploma (Formerly the GED) while working at Cook part time. Work 28 hours a week and take classes 12 hours a week to prepare for the Test Assessing Secondary Completion™ (TASC). When you pass the TASC and demonstrate success in your part-time role, you will be offered a full-time position in:

- Production
- Quality Control
- Packaging
- Warehouse

You Will:

- Work approximately 28 hours per week.
- Work in an assigned position that does not require a high school diploma
- Attend seven weeks of prep classes given by the Broadview Learning Center and located at Ivy Tech Community College, 1:00 pm to 4:00 pm Monday through Thursday.
- Take the TASC at the Broadview Learning Center in Bloomington.

Cook Will:

- Provide part-time employment during the prep classes.
- Pay for the TASC.
- Hire you in a full-time position once you pass the test and demonstrate success in your part-time position.
- Provide 401(k) and quarterly bonus benefits while you are working part-time.

Position Requirements:

- Must be 18 years of age
- Preference will be given to candidates that demonstrate a stable work history

We are proud to be an equal employment opportunity employer for men, women, protected veterans and disabled individuals. We maintain a drug-free workplace and perform pre-employment substance abuse testing as permitted by law.

https://www.recruitingcenter.net/Clients/cookmedical/PublicJobs/controller.cfm?
WEEKDAY Summer Food Service Program
From Community Kitchen

(from the Herald-Times Article)

While school is out in the summer, Community Kitchen of Monroe County knows that the over 5,000 Monroe County school children who receive free or reduced meals at school, are likely at a nutritional disadvantage. They provide a free, nutritious sack breakfast including grain, fruit and dairy components or a lunch including a meat or peanut butter sandwich, fruit or vegetable and milk, each Monday - Friday to children in nine low-income neighborhoods. This program operates while school is closed for the summer and serves children in Countryview, Walnut Woods, Henderson Court, Crestmont, The Reserve at Chandler's Glen, Southcrest Mobile Home Park, Orchard Glen, Heatherwood Trailer Park, along with Lenzy Hayes Mobile Home Park in Ellettsville. They provide these meals Monday - Friday from the day after school dismisses until the day before it begins again. Parents do not need to be present for the children to receive a meal.

Meal times and locations

(Weekdays through Aug. 9)

• Lenzy Hayes: 10:30-10:45 a.m. in the empty lot in the park’s center

• *Crestmont Community: 10:35-11 a.m. by the community room and west playground*

• Schoolview Apartments: 11-11:15 a.m. by the office

• The Reserve at Chandler’s Glen: 11:10-11:30 a.m. at the shelter house, or in the community room in case of rain

• Orchard Glen Apartments: 11:35-11:50 a.m. at the playground

• Southcrest mobile home park: 11:50 a.m.-12:05 p.m. in the middle of the park

• Heatherwood mobile home park: 12:05-12:20 p.m. at the fork

• Henderson Court Apartments: 12:15-12:30 p.m. in the playground area, or in the community room in case of rain

• Country View Apartments: 12:30-12:50 p.m. at the picnic area, or in the community room in case of rain

• *Walnut Woods: 12:40-12:55 p.m. at the playground.*
FOOD PANTRY

The weekly Thursday food pantry continues at 3pm in the Community Building. Please see the rules and guidelines posted in the kiosk. This pantry is made possible from donations distributed by the Hoosier Hills Food Bank.

COMMUNITY KITCHEN EXPRESS

Community Kitchen provides both warm and cold carryout meals from their second location at 1100 W 11th St from 4-6pm, Monday-Saturday, no questions asked. These meals consist of a main entree, side item and fruit, with milk served as a beverage. They provide an average of 165 of these each day.

Community Kitchen Sit Down Meals

Community Kitchen serves dinner from 4-6pm, Monday-Saturday all year long, with no questions asked. These meals consist of a main entree, a vegetarian option, side vegetable, salad, fruit, desserts and beverages. In addition, cold carryout meals are available. We serve an average of 208 of these

MCUM OFFERS THREE MAJOR TYPES OF EMERGENCY ASSISTANCE:

Food We provide three to four days’ worth of food, based on the number of household members.

Clothing & Household Items We provide vouchers for items that are redeemable at Opportunity House, a local thrift store who works with MCUM, located at 907 West 11th Street.

Financial Assistance We offer up to a one-month portion of a rent or utility payment after the client has seen the township trustee for the same expense and received a response. Financial assistance may only be given once in a 12-month period.

Walk-In Services MCUM’s caseworkers see most clients on a walk-in basis from: 8:00 - 11:30 a.m. & 1:00 - 3:15 p.m. Monday through Friday

827 West 14th Court Bloomington, Indiana 47404 (812) 339-3429 mcum@mcum.org www.mcum.org
WATER SAFETY

AT HOME TIPS

Don’t Leave Kids Alone in or Around Water

Never leave your child unattended around water.

We know it sounds strict, but there is no room for compromise on this one. Babies can drown in as little as one inch of water. Put the cell phone away, forget about all the other things you have to do and give young children 100 percent of your attention when they are near or around water.

Remove Water From Tubs and Buckets After Use

Once bath time is over, immediately drain the tub. Empty all tubs, buckets, containers and wading pools immediately after use. Store them upside down and out of children’s reach.

Close Lids and Doors

Keep toilet lids closed and use toilet seat locks to prevent drowning. Keep doors to bathrooms and laundry rooms closed.

Learn CPR

Parents have a million things to do, but learning CPR should be on the top of the list. It will give you tremendous peace of mind – and the more peace of mind you have as a parent, the better

Where to swim in Bloomington, Indiana?

Paynetown State Recreation Area

Hardin Ridge Recreation Area

Fairfax State Recreation Area

Bryan Park Pool*

Mills Pool*

*On days the temperature reaches 90 degrees, admission is half price for everyone at the Bryan Park Pool and Mills Pool from 4pm-6pm.
Make Summer Safe for Kids

From the Center for Disease Control Website: http://www.cdc.gov/family/kids/summer/

Summer is a great time for kids to enjoy different indoor and outdoor activities. Whether they are young children or teens, learn ways to keep your kids safe and healthy while they enjoy the summer fun.

Master water safety
Water-related activities are popular for getting physical activity and have many health benefits. Here are some tips to stay safe while having fun.

- Learn how to prevent recreational water illnesses and help protect yourself and your kids.
- Drownings are the leading cause of injury death for young children ages 1 to 4, and three children die every day as a result of drowning.
  - Always supervise children when in or around water. A responsible adult should constantly watch young children.
  - Teach kids to swim. Formal swimming lessons can protect young children from drowning.
  - Learn cardiopulmonary resuscitation (CPR). Your CPR skills could save someone’s life.
  - Install a four-sided fence around home pools.

Recreational boating can be a wonderful way to spend time with family and friends. Make boating safety a priority.

- Wear a properly fitted life jacket every time you and your loved ones are on the water.

Beat the heat and sun
Heat-related illness happens when the body’s temperature control system is overloaded. Infants and children up to 4 years of age are at greatest risk. Even young and healthy people can get sick from the heat if they participate in strenuous physical activities during hot weather. For heat-related illness, the best defense is prevention.

- Never leave infants, children, or pets in a parked car, even if the windows are cracked open.
- Dress infants and children in loose, lightweight, light-colored clothing.
- Schedule outdoor activities carefully, for morning and evening hours.
- Stay cool with cool showers or baths.
- Seek medical care immediate if your child has symptoms of heat-related illness.

Just a few serious sunburns can increase you and your child’s risk of skin cancer later in life. Their skin needs protection from the sun’s harmful ultraviolet (UV) rays whenever they’re outdoors.

- Cover up. Clothing that covers your and your child’s skin helps protect against UV rays.
- Use sunscreen with at least SPF (sun protection factor) 15 and UVA (ultraviolet A) and UVB (ultraviolet B) protection every time you and your child go outside.

Keep mosquitos and ticks from bugging you this summer
Protect yourself and your family by preventing bites and diseases, like Zika, West Nile virus and Lyme disease, which can be transmitted by insects.

- Use an effective insect repellent while playing outdoors.
- Make your backyard a tick-safe zone.
- Check yourself and your children for ticks. Ticks are easy to remove.

Prevent Injuries
Each year in the United States, emergency departments treat more than 200,000 children ages 14 and younger for playground-related injuries. Falls at home and on the playground are a common cause of injury.

- Check to make sure that the surfaces under playground equipment are safe, soft, and well-maintained.
- Supervise young children at all times around fall hazards, such as stairs and playground equipment.
- Use stair gates, which can help keep a busy, active child from taking a dangerous tumble.

A concussion is a type of traumatic brain injury caused by a bump, blow, or jolt to the head that can change the way your brain normally works. Concussions can occur in any sport or recreation activity. Learn concussion signs and symptoms and what to do if a concussion occurs.

- Make sure kids and teens wear the right protective equipment for their sport or recreation activity.

Parents can take many actions to protect their children’s health and safety at home.

- Stay smart around the house by following tips on fire prevention, microwave use, and living with pets.
- Learn healthy home tips for each room in the house.

Young workers have high job injury rates. Hazards in the workplace, inexperience, and lack of safety training may increase injury risks for young workers.

- Know their rights, employer and teen worker responsibilities, and what teens under 18 can’t do.

Stop the violence
- Kids can use electronic media to embarrass, harass, or threaten their peers. Take steps to prevent electronic aggression, a term that captures all types of violence that occur electronically.

As teens develop emotionally, they are heavily influenced by their relationships, including teen dating. Protect your children from teen dating violence. Nearly one in 10 teens reports having been hit or physically hurt on purpose by a boyfriend or girlfriend at least once.
Ideas from VisitBloomington...

If you have kids, or act like a kid yourself sometimes, you absolutely must visit WonderLab, ranked as one of the top 25 science centers in the country by Parents Magazine. Expose your family to some unique cultures at the Mathers Museum of World Cultures on the IU Campus. Their exhibits showcase artifacts from around the world and interactive activities. For cultures closer to home, visit the Monroe County History Center, which has a special emphasis on children's programs.

Family adventures start at Monroe Lake, the state's largest lake, with fishing, swimming and boating (rentals are available at various locations). With the Hoosier National Forest covering a large portion of the surrounding area, there's plenty of room for hiking, biking, horseback riding and camping. Many family memories are made on the beaches of Monroe Lake and on campgrounds in the beautiful forests.

There's nothing more fun than afternoon at the Karst Farm Park Splash Pad - especially if you've got small children in your family. The splash pad is a completely accessible, zero depth water wonderland. Kids of all ages and abilities love beating the heat at this colorful attraction. Right next door is a large playground and picnic area.

- See more at: http://www.visitbloomington.com/things-to-do/trip-ideas/familyfun/#sthash.asrztZG0.dpuf
The Bloomington Community Farmers' Market is a program of the City of Bloomington Parks and Recreation Department.

The Market is open every Saturday, April through September, from 8 a.m. until 1 p.m. and Saturdays in October and November from 9 a.m. until 1 p.m. The season ends with the Holiday Market on the Saturday after Thanksgiving, from 10 a.m.-3 p.m.

The Tuesday Market opens in June and is held on Tuesday evenings, June through September.

The Bloomington Community Farmers' Market is located at 401 N. Morton St. next to City Hall - Showers Building. Locally grown produce, annual and perennial plants, and a variety of prepared foods are available. Purchase your food directly from farmers and ask them questions about their products. Local entertainment adds to the shopping as well as socializing experience. Tantalizing scents and the inviting atmosphere may cause you to make the Market a weekend tradition.

The Farmers' Market is smoke free. Restrooms and an ATM are available in City Hall during Market hours. Dogs are NOT permitted at Market on the paved area of Showers Common (where the farm vendors are set up) or the Market Plaza on the B-Line Trail, but you can visit the adoptable pets from the City's Animal Shelter in front of City Hall.

The Crestmont Community Building Computer Lab is open on
Monday-Friday 8am-11:30am
Thursdays Noon-3pm
Fridays 1pm-4pm

This is an open computer lab, you are welcome to use the computers as a family to watch cartoons on YouTube, play online games or search the web!

Monroe County Public Library
http://mcpl.info/calendar-list-children

The Monroe County Public Library has SO many activities and services for young children, teens AND adults! It's a wealth of resources. Did you know they offer Summer Reading Games, a Amazing Magic Event, Tuesday Tales, Adult Coloring Book sessions, and Baby and Me sessions in addition to BOOKS, DVDs and CDs?! Check out their website mcpl.info or visit the library located at 303 E. Kirkwood Ave. from 9am to 9pm.

Play basketball or make a trip to the playground.

Walk or Bike the B-Line Trail!
The Fifth Third eBus is Coming!

On Thursday, September 29, 2016 The Fifth Third Financial Empowerment bus will be here at the BHA from 2:00 pm until 6:00 pm. The eBus provides a variety of resources including:

- Assistance with requesting your credit report
- Financial Education
- Fraud Awareness and Prevention
- Internet Banking and Bill Payment Demonstrations
- Homeownership Demonstrations
- How to Avoid Foreclosure

Unable to make it in the 29th? The eBus will be at The Reserve at Chandler’s glen form 2:00 pm to 6:00 pm on September 30th
EMPLOYMENT OPPORTUNITIES IN YOUR COMMUNITY

Are you looking for employment? Maybe you want more hours, the opportunity to earn more money, or are just looking for something different. There is something for everyone at WorkOne.

WorkOne has a variety of services including:

- Job Seeker Assistance
- Free Computer and Internet Access
- Employment Counseling
- Career Counseling and Exploration
- Information About Job Availability and Employment Trends
- Referrals to Supportive Service Agencies
- Veterans Services
- Dislocated Worker Services
- Services for Individuals with Disabilities
- Skill Building Workshops
- Access to Unemployment Insurance Information
- Customized Training Programs/Tuition Assistance
- Mature Worker Programs
- Youth Programs
- Short Term Certification Programs
- Computer Classes
- Disability Computer Workstation
- Individualized Service
- … And So Much More!

If you are interested in learning more you can visit the WorkOne website at http://www.workonesouthcentral.com/

(812) 331-6000

450 S. Landmark Ave.
Bloomington, IN 47402

Also, you can contact the BHA for an appointment and a referral to WorkOne.

NOT READY TO MEET WITH SOMEONE?

There are plenty of options if you are not ready to meet with someone at WorkOne. Check out these websites.

http://hoosiertimesjobs.com/
http://www.indeed.com/
https://www.expresspros.com/bloomingtonin/
Homeownership with Habitat

Habitat for Humanity believes that all hard-working individuals and families should have access to the benefits and stability of homeownership. In this belief, we are committed to partnering with families to build simple, decent, and affordable housing.

The low cost of our homes is made possible by the exceptional support of our community. Building costs remain low thanks to impressive donations and generous volunteerism. These factors make it possible to sell our homes to accepted families with a 0% interest loan and at no profit.

If you or someone you know is interested in applying to be a homeowner through Habitat for Humanity, please consider our three criteria:

1. Need for Housing
2. Ability to Pay
3. Willingness to Partner

Overview of the Process for Buying a Habitat Home

After determining that you meet our three criteria, please attend one of our homeowner information meetings. Applications are available at the Habitat Office and at Homeowner Information Meetings.

Jane’s No Bake Peanut Butter Pie

Ingredients:
- 1 Chocolate cookie pie crust such as Oreo
- 1 8oz package softened cream cheese
- 20 oz. Whipped Topping
- 1 Cup peanut butter
- 2/3 C. Powdered Sugar
- 1 tsp. Vanilla
- Mini chocolate chip or top with chocolate syrup if desired

Cream the cream cheese and then add the peanut butter and powdered sugar. Mix slowly until well blended.

On low speed, add in the vanilla and whipped topping. Blend until fluffy.

Mix in the chocolate chips now.

Spread the mixture into the pie crust.

Drizzle with chocolate syrup if desired.

Cool in the refrigerator 1 to 2 hours.

Cut and enjoy.

If you prefer you can just make the mixture and spread it on graham crackers.

“Everything good, everything magical happens between the months of June and August.”
—Jenny Han, The Summer I Turned Pretty